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Management of duodenal perforations after endoscopic retrograde cholangiopancreatography

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Dear Editor,

We have read the paper by Jiménez-Cubedo on post-endoscopic retrograde cholangiopancreatography (ERCP) perforations (1) and would like to describe our experience with regard to the conservative management. Three hundred and forty-two ERCPs performed from 2012 to 2017 were retrospectively analyzed (Table 1). Twelve (2.8%) duodenal perforations occurred and nine (75%) cases were initially managed conservatively, which were successful only in three cases (25%). Stapfer's classification (2) includes four types (Table 1); type IV rarely requires an intervention and type I usually requires surgery from the outset (3). In our series, type-II lesions were predominant, followed by type IV perforations.

The post-ERCP perforation rate decreases as experience increases, as shown by the results obtained by Jiménez-Cubedo (1). Conservative management may have some advantages over surgery in selected patients. However, early identification of these patients is challenging and a delay in surgery is associated with high rates of morbidity and mortality. Correlations between computed tomography (CT) findings and clinical

status may be helpful. Watchful waiting may be appropriate when there is pain without peritonism and in the absence of collections on CT scans. In contrast, significant contrast medium extravasation, intraperitoneal or retroperitoneal collections, massive subcutaneous emphysema and clinical worsening are indications for immediate surgical treatment (4). Open surgery remains the best option for the treatment of post-ERCP perforations, as shown by our data and those from other series. Endoscopic management requires an experienced team and appropriate patient and perforation features (4).

We cannot recommend conservative management for post-ERCP perforation as, in our experience, outcomes are poor. However, we undoubtedly agree with Dr. Jiménez-Cubedo with regard to the recommendation of an individual approach for each patient. Close follow-up by a surgeon is required and surgical indication becomes as much an art as science. The success is largely dependent on the experience and clinical judgment of the treating professionals.

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Table 1. Characteristics of patients with a post-ERCP perforation during the period 2012-2017

| | |
|--|---|
| Total ERCPs: | 342 |
| Perforations | 12 (2.8%) |
| Period | 2011-2017 |
| Sex | |
| Male | 5 (42%) |
| Female | 7 (58%) |
| Age (years) | 65.7 ± 19.2 (range: 30-84) |
| Procedure indication | |
| Choledocholithiasis | 8 (66.6%) |
| Cholangitis | 2 (16.6%) |
| Pancreatitis | 1 (8.3%) |
| Jaundice under study | 1 (8.3%) |
| Elective/Emergency | 10/2 |
| Comorbidities | |
| Diabetes | 3 |
| HBP | 4 |
| Anticoagulation | 1 |
| COPD | 3 |
| Initial management | |
| Surgical | 3 |
| Conservative | 9 |
| Reason for changing to surgical approach | Organ failure or sepsis in three cases (33.3%) Lab or radiographic worsening in a stable patient in four cases (44.5%) On-call surgeon's judgment in two cases (22.3%) One patient re-operated for abdominal obstruction |
| Surgical findings | Biliary peritonitis in five cases (55.6%) Biliary collection in two cases (22.2%) Absence of peritonitis or collection in two cases |

| | |
|---|---|
| | (22.2%). Perforation orifice identified in one case |
| Conservative management | Empiric antibiotic therapy: Meropenem (58%) Ciprofloxacin-metronidazole (17%) Piperacillin/tazobactam-metronidazole (17%) Piperacillin/tazobactam (8%) Parenteral nutrition in eight cases (67%) over a mean 13.2 days NGT: 12 cases |
| Postoperative hospitalization days: Initial surgical management Initial conservative management Mean ICU stay: Surgical patients Non-surgical patients | 19 ± 15.2 days 33.8 ± 24 days 12 ± 8.4 days (range: 3-28) 3 ± 2.1 days |
| Death Initial conservative management Initial surgical management | 3 (25%) 1 2 (severe acute pancreatitis post-ERCP) |
| <i>Stapfer's classification according to severity and perforation site</i> | |
| Type I Medial or lateral duodenal wall perforation | 2 |
| Type II Periapillary region | 6 |
| Type III Bile or pancreatic duct | 1 |
| Type IV Retroperitoneal micro-perforations from insufflated air | 3 |

ERCP: endoscopic retrograde cholangiopancreatography; HBP: high blood pressure;
 COPD: chronic obstructive pulmonary disease; NGT: nasogastric tube; ICU: intensive

care unit.

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