

**Title:**

**Switch to infliximab subcutaneous during SARS-CoV-2 pandemic: preliminary results**

**Authors:**

Federico Argüelles-Arias, Paula Fernández Álvarez, Luisa Castro Laria , María Belén Maldonado Pérez, María Belvis Jiménez, Vicente Merino-Bohórquez, Angel Caunedo Álvarez, Miguel Ángel Calleja Hernández

DOI: 10.17235/reed.2021.8320/2021

Link: [PubMed \(Epub ahead of print\)](#)

**Please cite this article as:**

Argüelles-Arias Federico, Fernández Álvarez Paula, Castro Laria Luisa, Maldonado Pérez María Belén , Belvis Jiménez María, Merino-Bohórquez Vicente , Caunedo Álvarez Angel, Calleja Hernández Miguel Ángel. Switch to infliximab subcutaneous during SARS-CoV-2 pandemic: preliminary results. Rev Esp Enferm Dig 2021. doi: 10.17235/reed.2021.8320/2021.

*This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.*

## Switch to infliximab subcutaneous during SARS-CoV-2 pandemic: preliminary results

**Keywords:** Intravenous. Subcutaneous. COVID-19. Infliximab. Biosimilar.

Federico Argüelles-Arias<sup>1,2</sup>; Paula Fernández Álvarez<sup>2</sup>; Luisa Castro Laria<sup>2</sup>; Belén Maldonado Pérez<sup>2</sup>; María Belvis Jiménez<sup>2</sup>; Vicente Merino-Bohórquez<sup>3</sup>; Ángel Caunedo Álvarez<sup>2</sup>; Miguel Ángel Calleja Hernández<sup>3</sup>

<sup>1</sup>Faculty of Medicine, Seville University. Hospital Universitario Virgen Macarena, Seville (Spain)

<sup>2</sup>Gastroenterology Department, Hospital Universitario Virgen Macarena, Seville (Spain)

<sup>3</sup>Pharmacology Department, Hospital Universitario Virgen Macarena, Seville (Spain)

**Corresponding author:**

Federico Argüelles-Arias MD, PhD

Gastroenterology Department

University Hospital Virgen Macarena.

Avda. Dr. Fedriani, s/n - 41009 Sevilla (Spain)

e-mail: farguelles@telefonica.net

*Dear Editor:*

A new subcutaneous formulation of the infliximab biosimilar CT-P13 has recently been developed for the treatment of inflammatory bowel disease (IBD), providing response rates similar to intravenous treatment, (1-3). In an effort to limit patient attendance at intravenous infusion centers and to maintain biological treatment during the COVID-19 pandemic, the use of this new formulation was requested. The objective of this observational, retrospective, and descriptive study was to assess CT-P13 efficacy and safety after switching from intravenous to subcutaneous formulation in patients with IBD receiving maintenance therapy. This article shows preliminary results after six months of follow-up.

Due to the emergency of the COVID-19, 17 patients with IBD (70.6% Crohn's disease and 29.4% ulcerative colitis) in clinical remission switched intravenous to subcutaneous CT-P13 (Remsima®, 120 mg every 2 weeks in pre-filled pen) and were included in the study. All of them had been treated with stable doses of intravenous CT-P13 every 8 weeks for a median of 45 months.

Disease and treatment related variables were compared between baseline (intravenous CT-P13) and 12 and 24 weeks after starting the treatment with subcutaneous CT-P13. The only significant differences observed was a decrease in the Clinical Mayo Score, a decrease in fecal calprotectin levels, and an increase in serum drug concentration (Table 1). Further studies with a greater number of patients are needed to detect clinical relevance in the latter finding. No serious adverse effects were notified that conditioned the discontinuation of the drug.

The new subcutaneous formulation of CT-P13 is a further step towards a more individualized therapy, providing a more practical route of administration and a potential benefit on the drug's serum concentrations. All this offers great advantages to IBD patients, both in terms of therapeutic flexibility and less dependence on infusion centers.

### **Author's contribution**

Federico Argüelles-Arias: Project management, conceptualization, review and editing the manuscript writing, research, methodology, supervision.

Paula Fernández Álvarez: formal analysis, data retention, writing the first draft, review and editing the manuscript writing, research, methodology.

Luisa Castro Laria: review and editing the manuscript writing.

Belén Maldonado Pérez: review and editing the manuscript writing.

María Belvis Jiménez: review and editing the manuscript writing.

Vicente Merino-Bohórquez: review and editing the manuscript writing.

Ángel Caunedo Álvarez: review and editing the manuscript writing.

Miguel Ángel Calleja: review and editing the manuscript writing.

### **Conflicts of interest**

Federico Argüelles-Arias has served as a speaker, consultant and advisory member for or have received research funding from Janssen, MSD, AbbVie, Pfizer, Kern Pharma, Biogen, Sandoz, Takeda, Ferring, Faes Farma, Shire Pharmaceuticals, Dr. Falk Pharma, Tillotts Pharma, Gebro Pharma, Amgen, and Vifor Pharma.

Paula Fernández Álvarez do not have any type of conflict of interest, nor any economic, personal, political, financial or academic interest that may influence our judgment.

Luisa Castro Laria do not have any type of conflict of interest, nor any economic, personal, political, financial or academic interest that may influence our judgment.

Belén Maldonado Pérez do not have any type of conflict of interest, nor any economic, personal, political, financial or academic interest that may influence our judgment.

María Belvis Jiménez has received research funding from Pfizer.

Vicente Merino-Bohórquez has received research funding from Pfizer, Kern, AbbVie, Janssen-Cilag, and Amgen.

Ángel Caunedo Álvarez do not have any type of conflict of interest, nor any economic, personal, political, financial or academic interest that may influence our judgment.

Miguel Ángel Calleja has received research funding from MSD, Pfizer, Kern, AbbVie, Amgen, Sandoz, Janssen-Cilag, Takeda, and UCB for participation in training activities and research projects.

### **Funding**

Medical writing support was funded by Kern Pharma.

### **Acknowledgements**

The authors wish to thank Content Ed Net (Madrid) and Fernando Sánchez Barbero PhD for their support on the preparation of this manuscript.

Accepted Article

**REFERENCES**

1. Reinisch W, Jang BI, Borzan V, et al. DOP62 A novel formulation of CT-P13 (infliximab biosimilar) for subcutaneous administration: 1-year result from a Phase I open-label randomised controlled trial in patients with active Crohn's disease. *J Crohns Colitis*. 2019;13(Suppl 1):S066-S7.
2. Ben-Horin S, Leszczyszyn J, Dudkowiak R, et al. OP24 A novel subcutaneous infliximab (CT-P13): 1-year results including switching results from intravenous infliximab (CT-P13) in patients with active Crohn's disease and ulcerative colitis. *J Crohns Colitis*. 2020;14(Suppl 1):S021-S2.
3. Schreiber S, Ben-Horin S, Leszczyszyn J, et al. Randomized controlled trial: subcutaneous vs intravenous infliximab CT-P13 maintenance in inflammatory bowel disease. *Gastroenterology*. 2021;160(7):2340-53.

**Table 1.** Comparative analysis of efficacy between intravenous and subcutaneous formulation

Variable	Basal IFX IV (n=17)	Week 12 IFX SC (n=17)	Week 24 IFX SC (n=17)	p
CRP (mg/L)	1.6 (0.4;4.0)	0.8 (0.4;2.3)	1.4 (0.4;2.2)	0.257
ESR (mm/h)	10 (5.5;20.5)	10 (7.5;19.5)	9.5 (5.0;19.0)	0.545
<b>Fecal calprotectin (µg/g)</b>				
• Total	258.35 (81.3;357.0)	135 (50.3;269.6)	59.5 (26.8;199.8)	0.028
• CD	274.2 (79.2;342.0)	138.0 (48.5;509.1)	50.0 (36.7;227.0)	0.276
• UC	148.0 (104.0;367.5)	132.0 (37.8;234.0)	74.0 (20.3;243.0)	0.078
<b>Harvey-Bradshaw Index</b>	2 (2;3)	2 (1;3)	2 (1;2)	0.422
<b>Clinical or partial Mayo Index</b>	1 (1;2)	0 (0;1)	0 (0;1.5)	0.015
<b>Drug concentration (µg/ml)</b>	6.1 (3.5;8.9)	18.1 (15.5;21.2)	19,9 (12.3;21.6)	< 0.001
<b>Concomitant treatments:</b>				
• Salicylates	10 (58.8%)	9 (52.9%)	6 (50.0%)	0.500
• Immunomodulators	9 (52.9%)	9 (52.9%)	4 (36.4%)	> 0.999
• Corticoids	0 (0%)	1 (5.9%)	0 (0%)	-
<b>Clinical Remission</b>	17 (100%)	15 (88.2%)	15 (88.2%)	0.466

Quantitative measurements are expressed as median (interquartile range).

IFX: infliximab; IV: intravenous; CRP: C-reactive protein; SC: subcutaneous; ESR: erythrocyte sedimentation rate