

Title: Experience with ustekinumab in reservoir Crohn's disease

Authors:

María Martínez Burgos, Isabela Angulo McGrath, Víctor Amo Trillo, Raúl Olmedo Martín, Patricia Romero Caro, José Mostazo Torres, Miguel Jiménez Pérez

DOI: 10.17235/reed.2021.8457/2021 Link: <u>PubMed (Epub ahead of print)</u>

Please cite this article as:

Martínez Burgos María, Angulo McGrath Isabela, Amo Trillo Víctor, Olmedo Martín Raúl, Romero Caro Patricia, Mostazo Torres José, Jiménez Pérez Miguel. Experience with ustekinumab in reservoir Crohn's disease. Rev Esp Enferm Dig 2021. doi: 10.17235/reed.2021.8457/2021.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



Experience with ustekinumab in reservoir Crohn's disease

María Martínez Burgos; Isabela Angulo McGrath; Víctor Amo Trillo; Raúl Olmedo Martín; Patricia Romero Cara; José Mostazo Torres; Miguel Jiménez Pérez. Hospital Regional Universitario de Málaga. UGC Aparato Digestivo.

CORRESPONDENCE AUTHOR: María Martínez Burgos. email: mariamarbur@gmail.com

Dear Editor:

Reservoir Crohn's disease affects up to 15% of patients with inflammatory bowel disease treated with proctocolectomy and subsequent ileoanal reservoir. Some diagnostic criteria are (1): reservoritis refractory to antibiotic treatment, histologically confirmed chronic inflammation, fistulas or perianal disease and presence of stenosis of the anastomosis of inflammatory type. It is treated with antibiotics, immunomodulators, biological agents and surgery.

Based on recent publications (2 and 3), we have analyzed our experience in the treatment of reservoir Crohn's disease, focusing on those who received ustekinumab.

All patients were symptomatic at the time of treatment initiation. Response was assessed by clinical criteria. Drug durability was analyzed when treatment was effective.

We identified a total of 5 patients, all with proctocolectomy and ileoanal reconstruction after diagnosis of ulcerative colitis. The median age at the time of the study was 28 years. The median age at the time of the reservoir was 20 years. The median time of clinical onset after transit reconstruction was 4 years. Three received pretreatment with 1 anti-TNF. One received pretreatment with 2 anti-TNF. One received pretreatment with 3 anti-TNFs. Clinical remission at 16 weeks occurred in 4 patients. One patient presented treatment failure, indicating reservorectomy and terminal ileostomy. The median drug durability in those patients in whom the drug was effective was 23 months up to the time of the study.

In our experience, ustekinumab represents an effective option in reservoir Crohn's disease, even in patients refractory to previous treatments. The discordance of the



results with respect to other studies (4 and 5) could be related to the small sample available. New studies are needed to assess whether ustekinumab could be an option in first-line treatment of reservoir Crohn's disease.

BIBLIOGRAPHY:

- (1) Rottoli M, Vallicelli C, Bigonzi E et al. Prepouch ileitis after ileal pouch-anal anastomosis: patterns of presentation and risk factors for failure of treatment. J Crohn's Colitis. 2018. https://doi. org/10.1093/ecco-jcc/jjx140 3.
- (2)Tran-Minh ML, Allez M, Gornet JM, Successful treatment with ustekinumab for chronic refractory pouchitis. *J Crohns Colitis*, 2017;11:1156
- (3)Teich N, Stallmach A; Effective use of ustekinumab for prepouch ileitis without improvement of concomitant pouchitis. *Tech Coloproctol.* 2018; 22:251–2.
- (4). Huguet M, Pereira B, Goutte M, et al. Systematic review with meta-analysis: anti-tnf therapy in refractory pouchitis and Crohn's disease-like complications of the pouch after ileal pouch-anal anastomosis following colectomy for ulcerative colitis. *Inflamm Bowel Dis.* 2018 24; 261–8
- (5) Rocchi C, Soliman Y, Massiddals M. Is Ustekinumab Effective in Refractory Crohn's Disease of the Pouch and Chronic Pouchitis? A Systematic Review.
 Digestive Diseases and Sciences. 2021