

Title:

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Endoscopic view of the intrahepatic biliary ducts by direct per-oral cholangioscopy in a patient with a choledocal cyst

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Text:

Sixty year old female with hypertension and crampy abdominal pain episodes. Admitted to hospital (September-2020) by obstructive jaundice. MRCP: biliary dilation due to Todani Ic (fusiform) choledocal cyst (CC), distal sludge (fig. 1a). ERCP: normal mucosa prominent papilla (fig. 1b); biliary dilation compatible with CC; choledocholithiasis; 8-mm CHD filling defect (Fig. 1c – red arrows). Sphincterotomy, removal of stones/sludge, brush-

cytology of the filling defect (pathology: atypias). US: dilation resolution (CBD: 6.5 mm).

In November, jaundice persists; balloon occlusion ERCP precludes polyps; 3rd ERCP with large-balloon papillary dilation and direct per-oral cholangioscopy (DPOC) rules out filling defects (1), after reaching small intrahepatic branches (Fig. 1d, 1e).

But intermittent cholestasis and abdominal pain linger. Six months later, jaundice relapse. MRCP: CBD dilation, sludge recurrence; ampullary stenosis. ERCP: sphincterotomy stigmata in villous papilla with indurated areas (Fig. 1e); biliary dilation (17 mm); marked distal sharpening. Plastic stent placement after biopsy sampling, being pathology suspicious of ampullary adenocarcinoma. Tumor Committee decides cephalic duodenopancreatectomy, which confirms adenocarcinoma of the ampulla of Vater

CC are usually related to the anomalous junction of pancreaticobiliary duct, leading to pancreatic juice reflux, biliary wall weakness and distal CBD obstruction (2); some authors point out that CC can develop after a distal obstruction. Management includes surgery by its malignancy risk (2.5-25%), but implies high complication rates without avoiding 6% cholangiocarcinoma development (2-3). DPOC might help to discard malignancy and extension in positive cases, avoiding unnecessary surgeries and its adverse events (3-5). In this case, DPOC ruled out lesions in the proximal biliary tree but, as well as MRCP, US and standard ERCP, was unable to identify the ampulloma until gross morphological changes occurred 6 months later. We want to emphasize the need to persevere in the diagnostic process for unexplained jaundice in patients with CC, even biopsing normal appearance papillas (5).

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Figure 1: 1.a) MRCP revealing the presence of a fusiform Todani type I-c choledocal cyst; 1-b) endoscopic view of a prominent papilla, compatible with choledocal cyst. 1.c) ERCP showing bile ducts dilation and filling defect in the proximal CHD (red arrows); 1.d) fluoroscopic image showing an Olympus ultraslim gastroscope reaching the intrahepatic ducts, filled by contrast in the upper part of the image; 1.e) and 1.f) endoscopic view of the small intrahepatic biliary branches by DPOC.



